

DAY 1: 15 DECEMBER

Mental Arithmetic		2019	2017-2018				2013-2016				2012-2009				2009-2014	2009-2014	2015-2017	2009-2017
		K	K-1	K-2	K-3	K-4	J-1	J-2	J-3	J-4	S-1	S-2	S-3	S-4	A	B	C	D
		NF	NF	F 5	F 10	Mix	NF	F 5	F 10	MIX	NF	F 5	F 10	Mix	All F	All F	All F	All F
Flash Cards	1	1D 0.8 second	1D 0.8 second				2D 0.8 second				3D 0.8 second				4D 0.8 second	4D 0.8 second	2D 0.8 second	4D 0.6 second
Columns	1	1D 4R	1D 5R				2D 5R				2D 6R				2D 7R	2- 3D 7 R	2D 5R	Decimal 1-2D 7R
	2	1D 5R	1-2 D 4R				2D 6R				2D 7R				2-3D 4R	4D 4 R	2-3D 4R	4-3D 6R
	3	1D 6R	2D 4R				3D 4R				3D 5R				3x1; 3/1	2x2; 4/1	3x1; 3/1	3x2; 4/2
Flash Anzan	1	1D 4R, 1,2 second	1D 4R 1 second				1-2 D 4R 1 second				1-2 D 5R 1 second				2D 5R 0,9 second	3D 5R 1 second	2D 4R 1 second	3D 6R 0.9 second
	2	1D 5R 1 second	1D 5R 0,9 second				2 D 5R 1 second				2 D 6R 1 second				2-3D 3R 1,2 second	3D 4R 1 second	2-3D 3R 1,5 second	2-3D 6R 1,2 second
	3	1D 6R 0,9 second	2D 3R 1,5 second				3 D 4R 1,5 second				3D 4R 1,5 second				2x1; 2/1	3x1; 3/1	2x1; 2/1	2x2; 4/1

Day 2: 16 December

Mental Arithmetic		2019	2017-2018				2013-2016				2012-2009				2009-2014	2009-2014	2015-2017	2009-2017
		K	K-1	K-2	K-3	K-4	J-1	J-2	J-3	J-4	S-1	S-2	S-3	S-4	A	B	C	D
		NF	NF	F 5	F 10	Mix	NF	F 5	F 10	MIX	NF	F 5	F 10	Mix	All F	All F	All F	All F
Flash Cards	1	1D 0.6 second	2D 0.8 second				3D 0.8 second				4D 0.8 second				4 D 0.7 second	4 D 0.7 second	3 D 0.7 second	4 D 0.5 second
Columns	1	1D 5R	1D 7R				2D 6R				2D 7R				2D 8R	2- 3 D 8R	2D 5R	Decimal 1-2D 8R
	2	1D 6R	1-2 D 5R				2D 7R				2D 8R				2-3D 5R	4D 5R	2-3D 5R	4-3D 7R
	3	1D 7R	2D 5R				3D 5R				3D 6R				3x1; 3/1	3x2; 4/2	3x1; 3/1	3x2; 4/2
Flash Anzan	1	1D 5R, 1 second	1-2D 5R 0.8 second				1-2D 5R 0.8 second				1-2D 6R 0.8 second				2D 6R 0,7 second	3D 6R 0.9 second	2D 5R 1 second	3D 6R 0,8 second
	2	1D 6R 0.9 second	1D 6R 0,7 second				2D 6R 0.8 second				2D 6R 0.8 second				2-3D 4R 1 second	3D 5R 0,9 second	3D 3R 1,3 second	2-3D 6R 1 second
	3	1D 7R 0,8 second	2D 4R 1 second				3D 5R 1 second				3D 5R 1 second				3x1; 3/1	4x1; 4/1	2x1; 2/1	2x2; 4/1